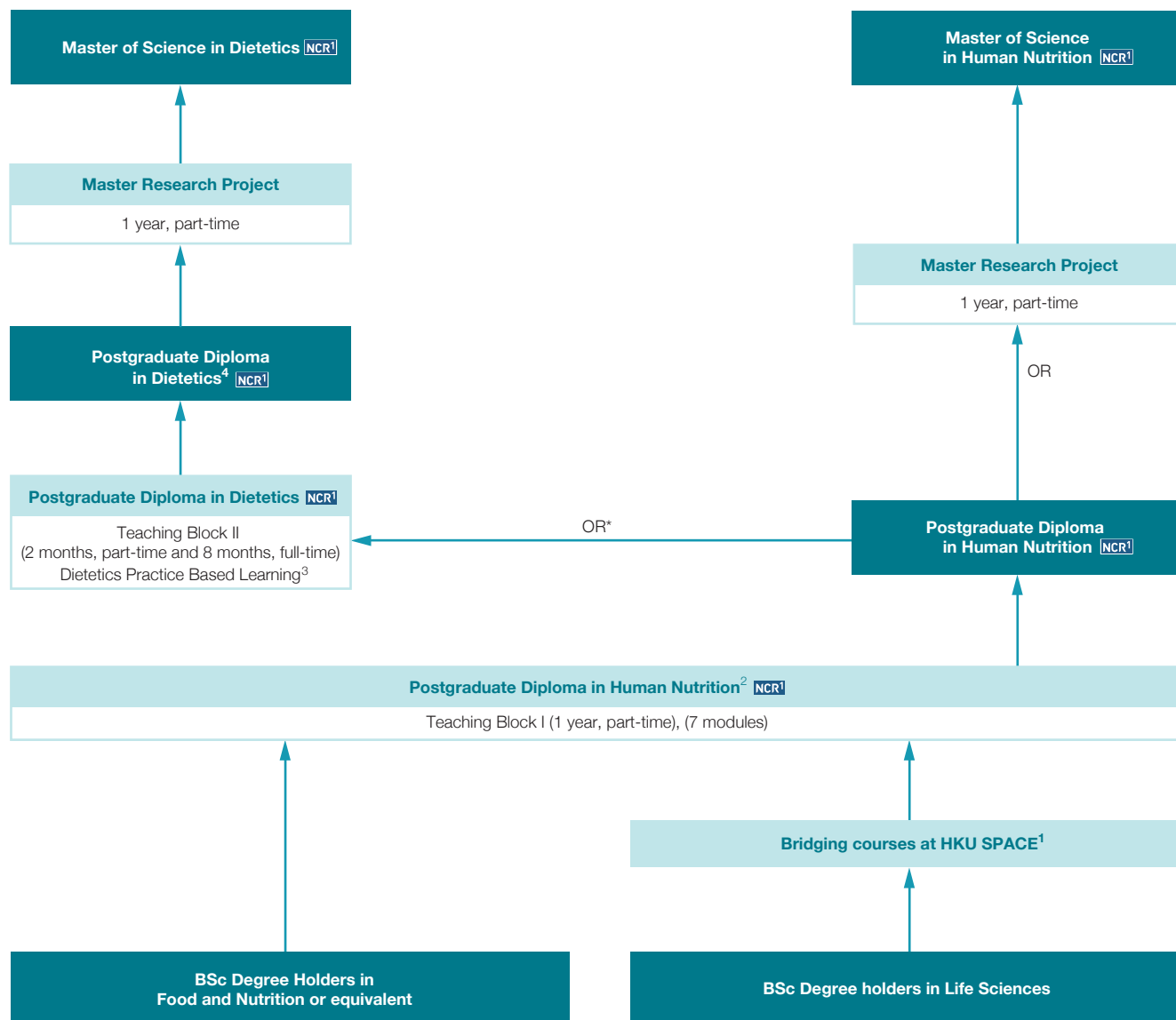


### Progression route towards MSc in Dietetics/ MSc in Human Nutrition/ PgDip in Dietetics/ PgDip in Human Nutrition



\* Progression to PgDip in Dietetics is only available to selected students who successfully complete the PgD in Human Nutrition. Admission is not guaranteed and depends on the availability of place for clinical placements as well as individual suitability

1. For BSc degree holders in related science field, completion of bridging courses may be required.

"Bridging courses" to be advised by the programme team, based on the applicants' academic background.

2. Selection will be based on academic excellence and an interview.

3. Depending on the availability of clinical placements, students may be required to defer entry into clinical placements.

4. Graduates of the PgD in Dietetics programme are eligible to apply for membership with the Hong Kong Academy of Accredited Dietitians (HKAAD) and for Registration as Dietitian with the Health and Care Professions Council (HCPC, U.K.)

**NCR¹** This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。

It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

**NCR²** These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。

It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

**NCR³** The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。

It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Progression route towards MSc in Sport and Exercise Nutrition in collaboration with Ulster University, U.K.

### Master of Science in Sport and Exercise Nutrition <sup>NCR<sup>1</sup></sup>

BSc (Hons) Food and Nutrition Extension Programme  
(2 years, Part-time <sup>NCR<sup>1</sup></sup> or 18 months, Full-time <sup>NCR<sup>1</sup></sup>) at HKU SPACE

\*Bridging courses at HKU SPACE as required  
Please refer to BSc (Hons) Food and Nutrition Extension Programme for further details

Degree holders in a related discipline such as in Biochemistry, Food and Nutrition, Physiology, Sport and Exercise Science

Higher Diploma holders in Food & Nutritional Sciences or related areas

Degree holders in Biological Related Sciences  
OR  
Associate Degree holders in Biological Related Sciences

<sup>#</sup>Degree holders in other disciplines

<sup>^</sup>Completed HKCEE with at least 5 years' work experience / DSE with at least 4 years work experience

<sup>^</sup> 5 HKCEE passes or 5 DSE passes or equivalent AND proficiency in English (e.g. HKCEE English Language (Syll. B) at Grade E or (Syll. A) at Grade C or (in or after 2007) at Level 2 or HKDSE English Language at Level 2 or equivalent.

\* "Bridging courses" to be advised by programme team, based on the applicant's academic background, (e.g. Applicants with limited knowledge in food science are required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition Programme.)

<sup>#</sup> Degree holders in other disciplines who have successfully completed the HKU SPACE programmes namely Advanced Certificate in Nutrition, Advanced Certificate in Child & Adolescent Nutrition or Advanced Certificate in Clinical Nutrition & Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry & Physiology, will normally have satisfied the entry requirements.

See legend on page 031 圖像說明於第 031 頁

**R** Minimum Entry Requirements 基本入學要求 (P.017)

**S** Fee 學費

**D** Duration 修業期

**M** Medium of Instruction 教學語言

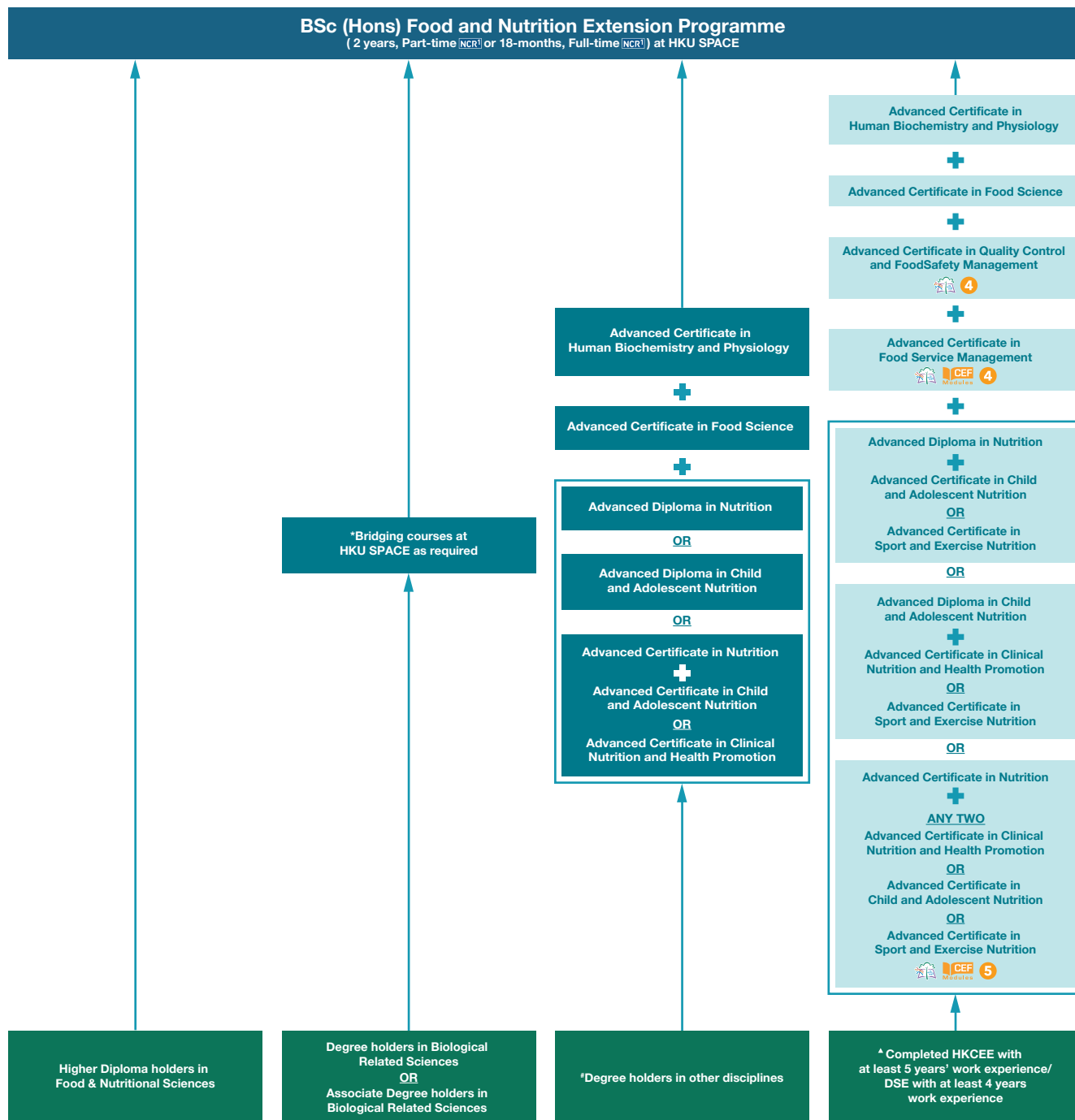
**Q** Qualifications Framework 資歷架構

**E** Exemption 豁免

**S** Short Course 短期課程

For more and latest programme information, please visit our website  
有關最新課程資訊及詳情，請瀏覽學院網站 [hkuspace.hku.hk](http://hkuspace.hku.hk)

**Progression route towards BSc (Hons) Food and Nutrition extension programme in collaboration with Ulster University, U.K.**



▲ 5 HKCEE passes or 5 DSE passes or equivalent AND proficiency in English (e.g. HKCEE English Language (Syll. B) at Grade E or (Syll. A) at Grade C or (in or after 2007) at Level 2 or HKDSE English Language at Level 2 or equivalent).

\* 'Bridging courses' to be advised by Programme team, based on the applicant's academic background, (e.g. Applicants with limited knowledge in food science are required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition Programme.)

\* Degree holders in other disciplines who have successfully completed the HKU SPACE programmes namely Advanced Certificate in Nutrition, Advanced Certificate in Child & Adolescent Nutrition or Advanced Certificate in Clinical Nutrition & Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry & Physiology, will normally have satisfied the entry requirements.

### Master of Science in Dietetics

Programme Code: HS130A

Application Code: HS130

NCR<sup>1</sup>

In association with the Ulster University, U.K., HKU SPACE offers the Master of Science (MSc) in Dietetics. The programme is offered on a part-time basis (except for the clinical placement) which falls in line with the school's mission in delivering flexible programmes which meet the needs of potential students and the community.

Holders of the MSc in Dietetics fulfill the criteria for employment as dietitians by the Hong Kong Hospital Authority. Graduates of are eligible to apply for registration as an Accredited Dietitian with the Hong Kong Academy of Dietitians (HKAAD) and as a dietitian with the Hong Health and Care Professions Council (HCPC), UK.

Reference no. of exempted courses under NLHPE: 450321

**D** 3 years

For details, please refer to the common information below.

### Postgraduate Diploma in Dietetics

Programme Code: HS017A

Application Code: HS017

NCR<sup>1</sup>

In association with the Ulster University, U.K., HKU SPACE offers the Postgraduate Diploma (PgD) in Dietetics. The programme is offered on a part-time basis (except for the clinical placement) which falls in line with the school's mission in delivering flexible programmes which meet the needs of potential students and the community.

Holders of the MSc in Dietetics fulfill the criteria for employment as dietitians by the Hong Kong Hospital Authority. Graduates of are eligible to apply for registration as an Accredited Dietitian with the Hong Kong Academy of Dietitians (HKAAD) and as a dietitian with the Hong Health and Care Professions Council (HCPC), UK.

Reference no. of exempted courses under NLHPE: 450321

**D** 2 years

For details, please refer to the common information below.

3762 0833

timothy.yeung@hkuspace.hku.hk

**R** Applicants must:

- i) have successfully completed the PgD Human Nutrition course offered by HKU SPACE.
- AND
- ii) also have:
  - Demonstrated good academic performance in the PgD Human Nutrition;
  - No criminal record;
  - Good health as evidenced by a satisfactory complete medical report;
  - Excellent communication skills as assessed by interview by dietitians and representatives of the course team;
  - Demonstrated a commitment to the dietetics profession;
  - Ability to speak and read Chinese, which is essential to ensure that students are able to communicate and learn effectively. In each case the candidate shall satisfy the Admissions Committee that he/she is unlikely to be disadvantaged in his/her studies by language.

**E** English

### Master of Science in Human Nutrition

Programme Code: HS016A

Application Code: HS016

NCR<sup>1</sup>

In association with the Ulster University, UK, HKU SPACE offers a programme leading to the award of Master of Science (MSc) in Human Nutrition. The MSc in Human Nutrition programme is offered on a part-time basis which falls in line with the school's mission in delivering flexible programmes which meet the needs of potential students and the community.

Reference no. of exempted under NLHPE: 450320

**D** 2 years

For details, please refer to the common information below.

### Postgraduate Diploma in Human Nutrition

Programme Code: HS018A

Application Code: 2345-HS018

NCR<sup>1</sup>

In association with the Ulster University, UK, HKU SPACE offers a programme leading to the award of Postgraduate Diploma (PgD) in Human Nutrition. The PgD in Human Nutrition programme is offered on a part-time basis which falls in line with the school's mission in delivering flexible programmes which meet the needs of potential students and the community.

Reference no. of exempted under NLHPE: 450320

**D** 1 year

For details, please refer to the common information below.

3762 0833

timothy.yeung@hkuspace.hku.hk

**R** Applicants must:

1. (i) hold a degree with at least 2ii Honours in food and nutrition or equivalent OR
- (ii) hold a degree with at least 2ii Honours in life sciences and completion of specified HKU SPACE Advanced Certificate courses in food and nutrition as required OR
- (iii) demonstrate their ability to undertake the course through the accreditation of prior learning
- AND
2. Provide evidence of English proficiency, such as:
  - (i) HKDSE English Language 3 or above OR
  - (ii) HKALE Grade D or above OR
  - (iii) HKCEE English Language (Syllabus B) C or above OR
  - (iv) an IELTS overall band of 6 with 5.5 or above in reading, writing, listening, and speaking or equivalent.

**E** English

### Master of Science in Sport and Exercise Nutrition

Programme Code: HS174A

Ulster University, UK

NCR<sup>1</sup>

Application Code: HS174A

3762 0833

timothy.yeung@hkuspace.hku.hk

In association with Ulster University, U.K., HKU SPACE offers a programme leading to the awards of Master of Science (MSc) in Sport and Exercise Nutrition. The programme is offered on a part-time basis with online teaching which falls in line with the School's mission in delivering flexible programmes which meet the needs of potential students and the community.

**R** Applicants must:

1. (i) hold a degree with at least 2ii Honours in a related discipline such as in Biochemistry, Dietetics, Food and Nutrition, Human Nutrition, Physiology, Sport and Exercise Science, Sports Science or other relevant degree discipline OR
- (ii) demonstrate their ability to undertake the course through the accreditation of prior learning.
- AND
2. provide evidence of English proficiency, such as:
  - (i) HKDSE English Language 3 or above OR
  - (ii) HKALE Grade D or above OR
  - (iii) HKCEE English Language (Syllabus B) C or above OR
  - (iv) an IELTS overall band of 6 with 5.5 or above in reading, writing, listening and speaking or equivalent.

**\$** HK\$112,000 (to be paid in 2 installments)

Application fee: HK\$300

**D** 2 years

**E** English

### Postgraduate Certificate in Community Nutrition

Programme Code: HS009A

Application Code: 2355-HS009A

☎ 2975 5881

✉ sss.sze@hkuspace.hku.hk

This programme aims to equip dietitians and nutritionists with the knowledge of the community nutrition services in Hong Kong. The processes involved in the development and evaluation of new community nutrition services will also be covered. In addition, the programme offers a supervised practicum which provides practical experience for students.

💰 HK\$19,990

Application Fee: HK\$150

D 4 months

🇬🇧 English

Q Level 6 (Reg. No.: 13/000436/L6) Validity Period: 01 Sep 2013 - on-going

### Bachelor of Science (Honours) Food and Nutrition

Programme Code: HS014A

Ulster University, UK

NCR<sup>1</sup>

Application Code: 2350-HS014A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

This programme offers the opportunity for sub degree graduates or equivalent to pursue a BSc (Honours) degree in Food and Nutrition and develop a career in food and nutritional area.

💰 HK\$142,000 (to be paid in 3 instalments)

Application Fee: HK\$150

D 2 years

🇬🇧 English

### Advanced Diploma in Nutrition

Programme Code: HS223A

Application Code: HS223A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

The programme is designed to equip students a thorough knowledge of nutrition and its role in promoting health in the general population. At the end of the programme, students should be able to critically evaluate the relationship between diet and disease and propose evidence-based dietary recommendations for health promotion.

R Applicants shall:

- I. (a) hold a bachelor's degree awarded by a recognised university OR
- (b) hold a Higher Diploma awarded by a recognised institution with at least 2 years work experience

AND

- II. provide evidence of English proficiency, such as
- (a) have gained in the HKCEE Grade E (Syllabus B) or Level 2\* in English Language; OR
- (b) have gained in the HKDSE Level 2 in English Language.

Students with no nutrition background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses prior to the commencing the Advanced Diploma in Nutrition.

Mature students with at least 5 years work experience will be considered on an individual basis.

💰 HK\$32,500

Application Fee: HK\$150

D 1 years

🇬🇧 English

Q Level 5 (Reg. No.: 24/000832/L5) Validity Period: 01 Oct 2024 - on-going

### Advanced Diploma in Child and Adolescent Nutrition

Programme Code: HS224A

Application Code: 2335-HS224A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

This programme aims to equip students with a comprehensive knowledge of nutrition focusing on the essential nutritional needs of children and adolescents. Students will examine the dietary approaches for preventing and managing common nutrition related disorders in childhood and learn how to evaluate nutrition information critically.

R Applicants shall:

- I. (a) hold a bachelor's degree awarded by a recognised university OR
- (b) hold a Higher Diploma awarded by a recognised institution with at least 2 years work experience

AND

- II. provide evidence of English proficiency, such as
- (a) have gained in the HKCEE Grade E (Syllabus B) or Level 2\* in English Language; OR
- (b) have gained in the HKDSE Level 2 in English Language.

Students with no nutrition background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses prior to the commencing the Advanced Diploma in Nutrition.

Mature students with at least 5 years work experience will be considered on an individual basis.

💰 HK\$32,500

Application Fee: HK\$150

D 1 years

🇬🇧 English

Q Level 5 (Reg. No.: 24/000833/L5) Validity Period: 01 Oct 2024 - on-going

### Advanced Certificate in Nutrition

Programme Code: HS001A

Application Code: 2335-HS001A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

This programme is designed to provide students with the knowledge of basic nutrition principles and their application. The impact of food-borne microorganisms in relation to health and disease will also be discussed.

R Applicants shall:

- I. (a) hold a bachelor's degree awarded by a recognised university OR
- (b) hold a Higher Diploma awarded by a recognised institution with at least 2 years work experience OR
- (c) hold an HKCEE with Grade E in 4 subjects and with at least 5 years work experience OR
- (d) hold an HKDSE level 2 in 4 subjects with at least 4 years work experience.

AND

- II. provide evidence of English proficiency, such as:
- (a) have gained in the HKCEE Grade E (Syllabus B) or Level 2\* in English Language; OR
- (b) have gained in the HKDSE Level 2 in English Language.

Mature students with at least 5 years work experience will be considered on an individual basis.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to the commencement of Advanced Certificate in Child and Adolescent Nutrition (HS004A) and Advanced Certificate in Clinical Nutrition and Health Promotion (HS002A).

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A/ SC399A) prior to the commencement of Advanced Certificate in Nutrition (HS001A).

💰 HK\$18,100

Application Fee: HK\$150

D 6 months

🇬🇧 English

Q Level 4 (Reg. No.: 07/001802/4) Validity Period: 05 May 2008 - on-going

NCR<sup>1</sup>

This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。

NCR<sup>2</sup>

These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。

NCR<sup>3</sup>

The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。 It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

# Dietetics and Nutrition

## 營養學

### Advanced Certificate in Clinical Nutrition and Health Promotion

Programme Code: HS002A

Application Code: 2335-HS002A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

This programme aims to provide students with the knowledge in the areas of clinical nutrition and health promotion. This programme has a number of articulation routes to degree level courses in nutrition and provides an opportunity for those who are interested in nutrition to build and develop their nutrition knowledge. It also provides continuing professional development for professionals such as nurses, teachers, health professionals and those working in the nutrition and food industry.

#### R Applicants shall:

- (a) hold a bachelor's degree awarded by a recognised university; OR
- (b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
- (c) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE;

AND

- provide evidence of English proficiency, such as:
  - have gained in the HKCEE Grade E or Level 2\* in English Language (Syllabus B); OR
  - have gained in the HKDSE Level 2 in English Language.
- Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to commencing the Advanced Certificate in Clinical Nutrition and Health Promotion (HS002A) and Advanced Certificate in Child and Adolescent Nutrition (HS004A).
- Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A and SC399A) prior to commencing the Advanced Certificate in Nutrition / Clinical Nutrition and Health Promotion (HS002A) / Child and Adolescent Nutrition (HS004A).

💰 HK\$18,100

Application Fee: HK\$150

D 5 months

🇬🇧 English

Q Level 5 (Reg. No.: 10/001258/5) Validity Period: 01 Jul 2011 - on-going

### Advanced Certificate in Child and Adolescent Nutrition

Programme Code: HS004A

Application Code: 2365-HS004A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

This programme aims to provide students with the knowledge in childhood and adolescent nutrition. This programme has a number of articulation routes to degree level courses in nutrition and provides an opportunity for those who are interested in nutrition to build and develop their nutrition knowledge. It also serves as a continuing professional development for those who are working with or plan to work with children and adolescents such as nurses, teachers, health professionals, school lunch providers.

#### R Applicants shall:

- (a) hold a bachelor's degree awarded by a recognised university; OR
- (b) hold a Higher Diploma awarded by a recognised institution with at least 2 yrs working experience; OR
- (c) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE;

AND

- provide evidence of English proficiency, such as:
  - have gained in the HKCEE Grade E or Level 2\* in English Language (Syllabus B); OR
  - have gained in the HKDSE Level 2 in English Language.
- Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to the commencement of Advanced Certificate in Child and Adolescent Nutrition.
- Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A and SC399A) prior to commencing the Advanced Certificate in Nutrition / Clinical Nutrition and Health Promotion / Child and Adolescent Nutrition.

💰 HK\$18,100

Application Fee: HK\$150

D 5 months

🇬🇧 English

Q Level 5 (Reg. No.: 10/001253/5) Validity Period: 01 Mar 2011 - on-going

### Advanced Certificate in Sport and Exercise Nutrition

Programme Code: HS020B

Application Code: 2335-HS020

☎ 2975 5881

✉ sss.sze@hkuspace.hku.hk

This programme is designed for individuals, who are involved in sport and exercise activities, to acquire an in-depth knowledge in nutrition so as to optimize their physical performance. It is also a continuing professional development course for doctors specializing in sport medicine, trainers, coaches, physiotherapists, physical education and sports teachers and may serve as continuing education for other interested individuals e.g. professional athletes.

#### R Applicants shall hold:

- (a) a bachelor's degree awarded by a recognised university; OR
- (b) a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
- (c) an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE;

AND

- provide evidence of English proficiency, such as:
  - HKDSE Examination English Language at Level 2 or above; OR
  - HKCEE Grade E or Level 2 in English Language (Syllabus B)

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I and II short courses prior to commencing this programme. Students should also consider taking the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology course.

💰 HK\$17,000 / HK\$13,600 (Advanced Certificate with Module 1 exemption)  
Application Fee: HK\$150

D 6 months

🇬🇧 English

Q Level 5 (Reg. No.: 21/000419/L5) Validity Period: 01 Jul 2021 - on-going

### Advanced Certificate in Human Biochemistry and Physiology

Programme Code: HS005A

Application Code: 2345-HS005

☎ 2975 5881

✉ sss.sze@hkuspace.hku.hk

This programme is designed to introduce human biochemistry and physiology to the students. This programme provides an in-depth knowledge of human biochemistry and physiology at degree level. Graduates from this programme will have acquired concepts of biochemistry and physiology which will allow them to embark onto a degree in nutritional sciences.

#### R Applicants shall:

- (a) hold a bachelor's degree awarded by a recognised university; OR
- (b) hold a higher diploma awarded by a recognised university with at least 2 years work experience; OR
- (c) completed the following certificates awarded within the HKU system through HKU SPACE:
  - Advanced Certificate in Nutrition; and
  - Advanced Certificate in Food Service Management; and
  - Advanced Certificate in Quality Control and Food Safety Management; and
  - Any TWO of the following certificates
    - Advanced Certificate in Child and Adolescent Nutrition; or
    - Advanced Certificate in Clinical Nutrition and Health Promotion; or
    - Advanced Certificate in Sport and Exercise Nutrition
- (v) have gained in the HKCEE Grade E in 4 subjects with at least 5 years work experience; OR
- have gained in the HKDSE Examination level 2 in 4 subjects with at least 4 years work experience;

AND

- provide evidence of English proficiency, such as
  - HKCEE Grade E or Level 2 in English Language (Syllabus B); OR
  - HKDSE Examination English Language at Level 2;

AND

have successfully completed the HKU SPACE Human Biology and Organic Chemistry I & II short courses. Those with a pass in the HKCEE Chemistry and Biology OR have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent will be exempted.

💰 HK\$21,800 (whole certificate); HK\$7,300 (module E only)  
Application to Module E only is permitted to graduates from this certificate before 2009.  
Application Fee: HK\$150

D 9 months

🇬🇧 English

Q Level 5 (Reg. No.: 08/001675/5) Validity Period: 01 Nov 2008 - on-going

See legend on page 031 圖說說明於第031頁

R Minimum Entry Requirements 基本入學要求 (P.017)

S Fee 學費

D Duration 修業期

🇬🇧 Medium of Instruction 教學語言

Q Qualifications Framework 資歷架構

E Exemption 豁免

S Short Course 短期課程

For more and latest programme information, please visit our website  
有關最新課程資訊及詳情，請瀏覽學院網站 [hkuspace.hku.hk](http://hkuspace.hku.hk)



### 中西營養食療證書

課程編號：HS170A

報名代碼：2365-HS170A

☎ 2975 5881

✉ sss.sze@hkuspace.hku.hk

本課程為一門跨學科的中西營養課程，旨在為對中西營養學有興趣的人士，提供基礎營養學和中醫食療理論方面的知識。透過多元化的活動，讓學員將營養學和中醫食療的原理應用於設計及烹調營養膳食。

**R** 申請者須：

- 甲. (i) 完成香港中學會考課程；或
- (ii) 完成香港中學文憑試課程；或
- (iii) 具同等學歷

及  
乙. 年滿21歲或以上。

申請人若持有其他同等資格和中醫或營養相關的工作經驗，學院將按個別情況考慮。

**\$** HK\$16,900

報名費用：HK\$150

**D** 9個月

🗣 粵語輔以英語及普通話

**Q** 資歷架構級別：3 資歷名冊登記號碼：19/001152/L3  
資歷名冊登記有效期：2019年10月15日 - 持續有效

### 素食營養及食療證書

課程編號：HS225A

報名代碼：2350-HS225

☎ 2975 5881

✉ sss.sze@hkuspace.hku.hk

本課程旨在教授學員素食營養學的飲食原則及素食人士的營養需要。透過多元化的課堂活動，包括小組討論、中西食療工作坊及實地參觀等，學員能夠將素食營養學的原理應用於設計和烹調更高層次的營養膳食。此外，課程將深入探討素食與健康的關係，並教授學員如何透過素食療法來預防常見的疾病。

**\$** HK\$15,800 / HK\$12,700 (豁免修讀單元一)

報名費用：HK\$150

**D** 8個月

**Q** 資歷架構級別：3 資歷名冊登記號碼：24/000677/L3  
資歷名冊登記有效期：2024年8月1日 - 持續有效

### Foundation Certificate in Nutrition (Weight Management)

Programme Code: HS006A

Application Code: 2350-HS006A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

This programme is designed to enable those who have an interest in nutrition to gain up-to-date knowledge and develop skills to achieve a healthy weight. This programme is also suitable for both nurses and allied health workers working with overweight or underweight patients and employees of fitness, health and beauty centres where clients wish to achieve ideal body weight.

**R** Applicants shall have:

- 1. (a) gained in the HKCEE Grade E in four subjects or equivalent qualifications and Level 2 in English Language; OR
- (b) gained in the HKDSE Examination Level 2 in five subjects including English Language;
- OR
- 2. reached the age of 21 or above with working experience.

**\$** HK\$7,900

Application Fee: HK\$150

**D** 5 months

🗣 Cantonese, suppl with teaching materials in English

**Q** Level 2 (Reg. No.: 16/000267/L2) Validity Period: 07 Apr 2016 - on-going

### 長者營養及膳食管理基礎證書

課程編號：HS144A

報名代碼：HS144A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

本課程旨在教導學員認識基本營養學飲食原則、了解長者的生理變化及營養需要、及透過健康的膳食來預防疾病。本課程尤其適合需要照顧長者的人士，例如安老院和日間護理中心的職工、護士和其他專職醫療人員。本課程也歡迎任何對長者營養及膳食管理有興趣的人士報讀。

**R** 申請者須：

- 甲. (i) 完成香港中學會考課程；或
- (ii) 完成香港高中課程；或
- (iii) 具同等學歷

或  
乙. 年滿21歲並具一年工作經驗。

**\$** HK\$7,000

年長學員優惠：HK\$5,600

報名費用：HK\$150

**D** 5個月

🗣 粵語

**Q** 資歷架構級別：2 資歷名冊登記號碼：16/000937/L2  
資歷名冊登記有效期：2016年11月14日 - 持續有效

### 應用營養學及營養補充劑基礎證書

課程編號：HS008A

報名代碼：2355-HS008A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

現代膳食要求已不單顧及營養需求，更注重其他功效，如預防疾病及提升健康狀況等。因此，健康食品和營養補充品的需求越來越大。本課程旨在教導學員認識基本營養學飲食原則、介紹各種常見疾病、體重管理的營養需求，並涵蓋流行營養補充劑的應用，以提升學員的基礎營養學知識。

**R** 申請者須：

- 甲. (i) 完成香港中學會考課程；或
- (ii) 完成香港中學文憑試課程；或
- (iii) 具同等學歷

或  
乙. 年滿21歲並具一年工作經驗。

**\$** HK\$8,600

年長學員優惠：HK\$6,880

報名費用：HK\$150

**D** 5個月

🗣 粵語

**Q** 資歷架構級別：2 資歷名冊登記號碼：14/003526/L2  
資歷名冊登記有效期：2014年10月20日 - 持續有效

### 體育及運動營養學基礎證書

課程編號：HS153A

報名代碼：2360-HS153A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

本課程定位於入門級別，旨在教導學員認識基本營養學的飲食原則、了解恆常運動人士及運動員的營養需求、介紹各種實用的運動飲食策略和運動營養補充劑的應用，使學員能為恆常運動人士及運動員提供簡單的營養建議，並明白有需要時須轉介運動專科營養師跟進。

**R** 申請者須：

- 甲. (i) 完成香港中學會考課程；或
- (ii) 完成香港中學文憑試課程；或
- (iii) 具同等學歷

或  
乙. 年滿21歲並具一年工作經驗。

**\$** HK\$7,950

報名費用：HK\$150

**D** 4個月

🗣 粵語

**Q** 資歷架構級別：2 資歷名冊登記號碼：18/000123/L2  
資歷名冊登記有效期：2018年3月9日 - 持續有效

**NCR1**

This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。

**NCR2**

It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

**NCR3**

These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

# Dietetics and Nutrition

## 營養學

### 素食營養及食療基礎證書

課程編號：HS199A

報名代碼：2290-HS199A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

本課程旨在教授對素食營養學有興趣的人士素食營養學的飲食原則，了解素食人士的營養需要。透過多元化的課堂活動，讓學員將素食營養學的原理應用於設計及烹調營養膳食。課程讓學員對素食與健康的關係有深入認識，並了解如何透過素食防治疾病。

**R** 申請人必須：

1. 完成香港中學會考課程；或
2. 完成香港中學文憑試課程；或
3. 具同等學歷

**\$** HK\$7,980

報名費用：HK\$150

**D** 4 個月

**E** 粵語

**Q** 資歷架構級別：2 資歷名冊登記號碼：22/000184/L2  
資歷名冊登記有效期：2022 年 4 月 1 日 - 持續有效

### Human Biology and Organic Chemistry I

Programme Code: SC398A

Application Code: 2360-SC398A

☎ 2975 5881

✉ sss.sze@hkuspace.hku.hk

The aim of this programme is to provide students the fundamental knowledge of biology and chemistry. This will equip them with the science foundation to further their studies in the field of biological sciences.

**R** Applicants shall:

- I. (a) hold a HKCEE with Grade E or above in 4 subjects; or  
(b) hold a HKDSE Level 2 or above in 4 subjects  
AND  
II. provide evidence of English proficiency, such as  
(a) have gained in the HKCEE Grade E or Level 2 in English Language (Syllabus B); or  
(b) have gained in the HKDSE Level 2 in English Language.

**\$** HK\$5,800

**D** 3 months

**E** English

### Human Biology and Organic Chemistry II

Programme Code: SC399A

Application Code: 2380-SC399A

☎ 2975 5881

✉ sss.sze@hkuspace.hku.hk

The aim of this programme is to provide students with the basic knowledge in human biology and chemistry which will prepare them for further studies in the field of food and nutrition and related disciplines.

**R** Applicants shall:

- I. have successfully completed HKU SPACE Human Biology and Organic Chemistry I short course or equivalent; or
- II. (a) (i) have gained in the HKCEE Grade E or above in 4 subjects and have taken Biology and Chemistry; or  
(ii) have gained in the HKDSE Level 2 or above in 4 subjects and have taken Biology and Chemistry  
AND  
(b) provide evidence of English proficiency, such as:  
(i) have gained in the HKCEE Grade E or Level 2 in English Language (Syllabus B); or  
(ii) have gained in the HKDSE Level 2 in English Language.

**\$** HK\$6,800

**D** 3.5 months

**E** English

### Understanding Food and Nutrition

Programme Code: DFNS9018

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

This course is designed for individuals who have an interest in food, nutrition and health. It will provide them with a better understanding of a balanced diet and its importance for health and disease prevention.

**\$** HK\$2,500

**D** 8 weeks

**E** Cantonese, suppl with teaching materials in English

### Certificate for Module (Nutrition and Dietary Management of Diabetes)

Programme Code: HS215A

Application Code: 2360-HS215A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

The programme aims to enable healthcare professionals to gain a critical understanding of the impact of nutrition and diet to prevent and manage diabetes. Students will apply knowledge gained and develop their skills to assist individuals with diabetes to implement evidence-based dietary recommendations to optimise their nutritional status and diabetic control.

**R** Applicants shall be health care professionals who hold a bachelor's degree or equivalent awarded by a recognised university.

If the degree or equivalent qualification is from an institution where the language of teaching and assessment is not English, applicants shall provide evidence of English proficiency such as:

- (i) HKDSE English Language Level 3 or above OR
  - (ii) HKALE Grade D or above OR
  - (iii) HKCEE English Language Grade C (Syllabus B) (obtained before 2007) or Level 3 (obtained after 2007) OR
  - (iv) an overall band of 6.5 average with no subtests lower than 5.5 in the IELTS OR
  - (v) equivalent qualifications.
- Applicants with other qualifications will be considered on individual merit.

**\$** HK\$7,900

Application Fee: HK\$150

**D** 30 hours

**E** English

**Q** Level 6 (Reg. No.: 23/000883/L6) Validity Period: 01 Nov 2023 - on-going

### Certificate for Module (Nutrition and Dietary Management of Renal Disease)

Programme Code: HS228A

Application Code: 2370-HS228A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

The programme aims to enable healthcare professionals to gain a critical understanding of the impact of nutrition and diet to prevent and manage renal diseases. Students will apply knowledge and develop skills to support renal patients implement evidence-based dietary recommendations to prevent or delay disease progression, help manage symptoms, and improve overall quality of life.

**R** Applicants shall be health care professionals who hold a bachelor's degree awarded by a recognised university.

If the degree or equivalent qualification is from an institution where the language of teaching and assessment is not English, applicants shall provide evidence of English proficiency, such as:

- i. an overall band of 6.0 or above with no subtests lower than 5.5 in the IELTS; or
  - ii. a score of 550 or above in the paper-based TOEFL, or a score of 213 or above in the computer-based TOEFL, or a score of 80 or above in the internet-based TOEFL; or
  - iii. HKALE Use of English at Grade E or above; or
  - iv. HKDSE Examination English Language at Level 3 or above; or
  - v. equivalent qualifications.
- Applicants with other qualifications will be considered on individual merit.

**\$** HK\$7,900

Application Fee: HK\$150

**D** 30 hours

**E** English

**Q** Level 6 (Reg. No.: 24/000783/L6) Validity Period: 01 Oct 2024 - on-going

See legend on page 031 圖像說明於第 031 頁

**R** Minimum Entry Requirements 基本入學要求 (P.017)

**\$** Fee 學費

**D** Duration 修業期

**E** Medium of Instruction 教學語言

**Q** Qualifications Framework 資歷架構

**E** Exemption 豁免

**S** Short Course 短期課程

For more and latest programme information, please visit our website  
有關最新課程資訊及詳情，請瀏覽學院網站 [hkuspace.hku.hk](http://hkuspace.hku.hk)



### Certificate for Module (The Science of Plant-Based Nutrition for Healthcare Professionals)

Programme Code: HS222A

Application Code: 2290-HS222A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

Plant-based nutrition has been shown to have numerous health benefits, including reducing the risk of chronic diseases such as heart disease, type 2 diabetes, stroke, obesity and certain types of cancers. Despite these benefits, plant-based nutrition is often not prioritised in healthcare practice as most physicians and healthcare professionals receive limited education in this area.

This programme aims to bridge this gap by providing healthcare professionals such as physicians, nurses and dietitians with comprehensive knowledge on the latest research and development on plant-based nutrition in healthcare management.

**R** Applicants shall be healthcare professionals who hold a bachelor's degree or equivalent awarded by a recognised university.

If the degree or equivalent qualification is from an institution where the language of teaching and assessment is not English, applicants shall provide evidence of English proficiency such as:

- (i) HKDSE English Language Level 3 or above; or
- (ii) HKALE Grade D or above; or
- (iii) HKCEE English Language Grade C (Syllabus B) (obtained before 2007) or Level 3 (obtained after 2007); or
- (iv) an overall band of 6.5 average with no subtests lower than 5.5 in the IELTS; or
- (v) equivalent qualifications.

Applicants with other qualifications will be considered on individual merit.

**\$** HK\$7,980  
Application Fee: HK\$150

**D** 34 hours

🇬🇧 English

**Q** Level 5 (Reg. No.: 24/000533/L5) Validity Period: 01 Jun 2024 - on-going

### 證書 (單元：腦部及精神健康營養學)

課程編號：HS209A

報名代碼：2340-HS209A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

本課程旨在為對腦部及精神健康營養學有興趣的人士而設，教授基礎腦部及精神健康的知識，腦部的營養需求，及健康飲食原則，讓學員認識營養與腦部及精神健康的關係，了解如何透過飲食有助預防相關的健康問題。

**R** 申請人必須：  
i. 完成香港中學文憑試課程；或  
ii. 完成香港中學會考課程；或  
iii. 具同等學歷。

申請人若持有其他同等資格和相關的工作經驗，學院將按個別情況考慮。

**\$** HK\$4,500  
報名費用：HK\$150

**D** 33 小時

🇬🇧 粵語

**Q** 資歷架構級別：3 資歷名冊登記號碼：23/000256/L3  
資歷名冊登記有效期：2023 年 4 月 1 日 - 持續有效

### 證書 (單元：腸道健康與營養)

課程編號：HS214A

報名代碼：2370-HS214A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

本課程旨在教授學員認識人體消化系統，了解腸道健康與營養的關係。本課程亦會介紹各種益生菌的健康食品及補充劑的應用，讓學員了解如何透過健康的膳食來預防疾病，維持腸道健康。

**R** 申請人必須：  
i. 完成香港中學文憑試課程；或  
ii. 完成香港中學會考課程；或  
iii. 具同等學歷。

申請人若持有其他同等資格和相關的工作經驗，學院將按個別情況考慮。

**\$** HK\$4,500  
報名費用：HK\$150

**D** 30 小時

🇬🇧 粵語

**Q** 資歷架構級別：3 資歷名冊登記號碼：23/000765/L3  
資歷名冊登記有效期：2023 年 9 月 1 日 - 持續有效

### 證書 (單元：糖尿病中西營養食療)

課程編號：HS221A

報名代碼：2345-HS221A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

本課程旨在為對糖尿病的中西營養食療感興趣的人士，提供如何預防糖尿病，管理糖尿病的中西營養知識，並教授學生正確飲食原則，有助控制血糖水平。

**R** 申請人必須成功修畢香港大學體制，經香港大學專業進修學院頒授的中西營養食療證書。  
申請人若持有其他同等資格和相關的工作經驗，學院將按個別情況考慮。

**\$** HK\$6,000  
報名費用：HK\$150

**D** 30 小時

🇬🇧 粵語

**Q** 資歷架構級別：3 資歷名冊登記號碼：24/000432/L3  
資歷名冊登記有效期：2024 年 5 月 1 日 - 持續有效

### 證書 (單元：嬰幼兒營養及語言發展)

課程編號：HS229A

報名代碼：2290-HS229A

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

本課程旨在教授學員有關嬰幼兒 (0-3 歲) 的營養需求及基本語言發展，並探討如何透過均衡飲食及正確飲食習慣促進嬰幼兒的語言發展。

**R** 申請人必須：  
i. 完成香港中學文憑試課程；或  
ii. 完成香港中學會考課程；或  
iii. 具同等學歷。  
申請人若持有其他同等資格和相關的工作經驗，學院將按個別情況考慮。

**\$** HK\$6,000  
報名費用：HK\$150

**D** 30 小時

🇬🇧 粵語

**Q** 資歷架構級別：3 資歷名冊登記號碼：24/000824/L3  
資歷名冊登記有效期：2024 年 10 月 1 日 - 持續有效

### Certificate for Module (Nutrition and Dietary Management of Food Allergy and Intolerance)

Programme Code: HS238A

Application Code: 2290-HS238A

☎ 3762 0833

✉ timothy.yeung@hkuspace.hku.hk

The programme aims to equip students with a comprehensive understanding of food allergy and intolerance. Students will apply knowledge and develop skills to support patients with food allergies or intolerance and help them implement evidenced-based dietary recommendations to prevent and manage food allergy and food intolerance symptoms, ensure adequate nutrition and improve overall quality of life.

**R** Applicants shall be health care professionals who hold a bachelor's degree awarded by a recognised university.

If the degree or equivalent qualification is from an institution where the language of teaching and assessment is not English, applicants shall provide evidence of English proficiency, such as:

- i. an overall band of 6.0 or above with no subtests lower than 5.5 in the IELTS; or
- ii. a score of 550 or above in the paper-based TOEFL, or a score of 213 or above in the computer-based TOEFL, or a score of 80 or above in the internet-based TOEFL; or
- iii. HKALE Use of English at Grade E or above; or
- iv. HKDSE Examination English Language at Level 3 or above; or
- v. equivalent qualifications.

Applicants with other qualifications will be considered on individual merit.

**\$** HK\$7,900  
Application Fee: HK\$150

**D** 30 hours

# Dietetics and Nutrition

## 營養學

### 體育及運動營養學入門

課程編號：DFNS9005

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

適當營養可提升運動時的表現。本課程旨在讓學員對運動的營養需求有進一步認識及了解傷患的防治。特別適合運動愛好者、在職或業餘體育及運動人士就讀，包括體育教師、運動教練、體適能教練、運動員、運動愛好者等。

💰 HK\$1,800

📅 5 個星期

🇬🇧 粵語

### 廚藝科學入門

課程編號：DFNS9033

報名代碼：2345-1568NW

☎ 2520 4610

✉ habe.lam@hkuspace.hku.hk

每一樣食材在處理和烹調期間都有獨特的物理和化學變化，掌握烹調背後的科學變化和原理，就可以探索如何製作出色香味俱全又營養豐富的食物。本課程旨在使學員了解食物烹調時的科學變化，增進廚藝，享受烹調的樂趣。

💰 HK\$1,900

📅 5 個星期

🇬🇧 粵語

### 成人體重控制小組（初級班）

☎ 3761 1008

✉ dietclin@hkuspace.hku.hk

本小組由註冊營養師主理，內容包括個別體重及身體脂肪分析、保持健康體重與控制飲食的方法、出外飲食建議、食品標籤解讀、建議食譜及食譜改良法等（不包括個別餐單／建議）。此外，專業體健教練將提供體重控制的運動指引。每組名額七人。

📌 對健康飲食及體重控制有興趣的人士

💰 HK\$1,280

HK\$1,152 [優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有效學生證），香港大學專業進修學院校友會會員，50 歲或以上年長學員]

📅 共 5 講，每周 1 講

### 成人體重控制小組（中級班）

☎ 3761 1008

✉ dietclin@hkuspace.hku.hk

修畢成人體重控制小組（初級班）的學員，相信對於健康飲食方面已有一定認識。如想對均衡飲食有更進一步瞭解，成人體重控制小組（中級班）可提供更多實用的營養知識，助學員輕鬆踏上健康人生路。每組名額七人。

📌 修畢成人體重控制小組（初級班）

💰 HK\$1,280

HK\$1,152 [優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有效學生證），香港大學專業進修學院校友會會員，50 歲或以上年長學員]

📅 共 5 講，每周 1 講

### 運動營養小組

☎ 3761 1008

✉ dietclin@hkuspace.hku.hk

本小組由運動營養師主理，專為希望通過良好的飲食方法，改善體能及提升運動表現的人士而設，讓學員有充分機會探討自身運動及相關的營養課題。學員將獲得個別體重及身體脂肪的分析評估，學習檢討個人的飲食習慣及改善營養飲食方法。每組名額七人。

💰 HK\$1,280

HK\$1,152 [優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有效學生證），香港大學專業進修學院校友會會員]

📅 共 4 講，每周 1 講

### 防癌健康飲食小組

☎ 3761 1008

✉ dietclin@hkuspace.hku.hk

都市人的飲食模式會提高患癌風險？進食某些食物會致癌？註冊營養師會為學員拆解常見的防癌飲食謬誤，並提供防癌飲食建議和指引，助學員實踐健康飲食，以達至預防癌症之效。（不包括為個別人士提供餐單／建議）

💰 HK\$960

HK\$864 [優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有效學生證），香港大學專業進修學院校友會會員，50 歲或以上年長學員]

📅 共 4 講，每講 1 小時



**Dietetic Clinic for  
Teaching and Research**  
營養學治療及教研中心

See legend on page 031 圖像說明於第 031 頁

📌 Minimum Entry Requirements 基本入學要求 (P.017)

💰 Fee 學費

📅 Duration 修業期

🇬🇧 Medium of Instruction 教學語言

📄 Qualifications Framework 資歷架構

📄 Exemption 豁免

📌 Short Course 短期課程

For more and latest programme information, please visit our website  
有關最新課程資訊及詳情，請瀏覽學院網站 [hkuspace.hku.hk](http://hkuspace.hku.hk)